



Only follow celebrities with a blue tick this means they are verified (they are who they say they are).

Age restriction: 13 years and older. Make your settings private so only your friends can see what you're up too.



Don't accept users you don't know – they could be anyone!

Age restriction: 13 years and older. Don't send photos you wouldn't want the world to see. Although they only last 10 seconds somebody could screen shot



Age restriction: 12 + years without parent knowledge. Turn your Bitmoji to ghost-mode (they show your location automatically) so people can't see where you are or where you live.



Age restriction: 13 years and older. If you tag your location don't post straight away, this way people can see where you have been not where you currently are.

Turn your account private so you can choose who follows you and who can see what you post.

Only talk to people you know on Instagram messenger.



Age restriction: 13 years and older. Turn your account to private so only your friends can see what you post, share and like.

Be aware that as soon as you hit record on live stream all your friends and family can like and share that post and its content.

Don't accept friends request from anyone you don't know. If you decline their request make sure they also can't follow you.



Age restriction: 18 years but a person can sign up at 13 years with parent permission. If you want to set up a YouTube account for gaming, vlogging or any other kind of video **always** talk to your parents/guardians first.

Your YouTube videos shouldn't include your school logo, your/your friend's location or any inappropriate content. Your YouTube account won't be private so be aware of what content you post.



Don't add strangers to your gaming groups or accept their invitation to other groups. Keep it simple only talk and play with your real life friends.